

Group Discussion Questions

(Read the passage together as a group before discussing the questions)

DEALING WITH DISCOURAGEMENT

(1 Kings 19:1-21)

I. _____ for discouragement.

1. You are _____.

2. You are _____.

3. You are _____.

II. _____ to discouragement.

1. Fearfully _____.

2. _____ from others.

3. Give _____ on _____.

4. Have a _____.

III. _____ to discouragement.

1. Get proper _____ and _____.

2. _____ for the _____.

3. Get _____ doing the _____ work.

1. Are you willing to share a time when you were discouraged? What was the main reason that prompted the discouragement?

2. Can you identify with any of Elijah's reactions? What other reactions do we sometimes have that are not really helpful in the long run?

3. What things can you be doing right now to prevent discouragement from happening in your life?

4. What stood out to you from the text or message that you would like to explore further? What will you do to apply this message this week?

5. Discouragement can come from many directions and in many ways. Spend some time in prayer for each other as we deal with discouragement.