

IN PREPARATION FOR PEACE (PART 2)

(Philippians 4:6)

Prayerful Concern Prepares Us to Experience Peace

I. Be _____ for _____.

1. This does not mean that we should _____ be _____.

2. This does mean that we shouldn't let our _____ become our _____.

II. Be _____ in _____.

1. Prayer is an act of _____.

2. Prayer is an act of _____.

3. Prayer is an act of _____.

Group Discussion Questions

(Read the passage together as a group before discussing the questions)

1. What kinds of things do you worry about most? How have you typically dealt with anxiety in the past?
2. Read Matthew 6:25-34 together. Identify at least 5 truths about anxiety or worry from Jesus' words. What is one thing that you can do to apply a truth found here?
3. How does an understanding of the terms Paul uses in verse 6 help you to more fully understand prayer as an antidote to anxiety?
4. What stood out to you from the text or message that you would like to explore further?
5. Spend some time at the end of your meeting praying for each other to put these things into practice. You may want to get into groups (men with men & women with women).